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Thu 1/5	Fri 1/6	Sat 1/7	Sun 1/8	Mon 1/9	Tue 1/10	Wed 1/11	Thu 1/12	Fri 1/13	Sat 1/14
96°   51°F	90°   52°F	90°   53°F	90°   52°F	91°   51°F	92°   52°F	90°   51°F	91°   51°F	90°   51°F	89°   50°F
									
Sunny	Sunny	Sunny	Mostly Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Partly Cloudy

## YUMA, AZ

Thu 1/5	Fri 1/6	Sat 1/7	Sun 1/8	Mon 1/9	Tue 1/10	Wed 1/11	Thu 1/12	Fri 1/13	Sat 1/14
70°   48°F	70°   46°F	71°   44°F	71°   45°F	73°   49°F	73°   50°F	71°   48°F	71°   49°F	72°   49°F	71°   54°F
									
Partly Cloudy	Sunny	Mostly Sunny	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy

## IMMOKALEE, FL

Thu 1/5	Fri 1/6	Sat 1/7	Sun 1/8	Mon 1/9	Tue 1/10	Wed 1/11	Thu 1/12	Fri 1/13	Sat 1/14
86°   57°F	75°   47°F	80°   53°F	84°   56°F	83°   58°F	81°   57°F	80°   55°F	81°   59°F	79°   51°F	68°   46°F
									
Partly Cloudy	Sunny	Sunny	Mostly Sunny	Mostly Sunny	Partly Cloudy	Sunny	Sunny	AM Showers	Partly Cloudy

## Good Buy

Each week, our team spotlights commodities based on how favorable prices, quality, and supply are in the market. Stay ahead of the trends and look to these good buys for their stellar performance in the fields! Please see each individual product for more information below and reach out to your PA representative for more information on adding this to your order guide.

Commodity	Expert Tip
<b>Avocados</b>	Smashed, blended, sliced, or diced avocados are one of those produce items we just cannot get enough of! Have you tried the trendy sweet and spicy smashed avocado for breakfast, or a snack? Toast some bread, or a bagel, and then smash your ripe avocado on top, next drizzle with a little bit of honey, and then a swirl of sriracha.. YUM!

## Fruits & Vegetables

**Avocados:** Last week closed out at 52.6M pounds for the U.S., a 6% decrease from the previous week. Continued stability should be our New Year's resolution, but it'll likely last longer than the average resolution. Crop projections continue to show strong volumes for the weeks and months ahead, especially on larger-sized fruit. Growers will begin harvesting increased volumes to support the Superbowl push in the next few weeks.

**Bananas:** Volume is lighter due to weather impacts, higher global demand, and lighter production. No quality issues currently.

**Pineapples:** Excellent quality peaking on 7 and 8cts.

**Table Grapes: WATCHLIST** Growers in the Central Valley are pulling from storage and starting to see a wide range of quality as daily harvesting will end this week. We are seeing an uptick on demand for larger fruit while medium sized fruit is steady. Autumn Kings, Autumn Royals and globes are showing good quality and color. We could see less offshore volume through mid-January due to Political unrest in Peru which is causing port delays. This will have a short-term impact on markets in Peru which will cause a 3-week delay. Overall import volume will remain down, but quality should be normal. Demand expected to increase as volume decrease and we may see a slight hike in pricing through Mid-January.

## Berries

**Strawberries:** Multiple rain events in California have significantly reduced volumes in these growing regions. Production out of California is expected to remain very tight for the next few weeks. Production out of Mexico was lower than anticipated due to cooler temperatures. Supplies out of Florida remain flat due to cooler temperatures. Overall quality is good to fair, and sizing is expected to increase with the cooler temperatures.

**Blackberries:** Supply is expected to increase gradually throughout January in Mexico. California supply is very tight due to the rainfall and are expected to downtrend for the next several weeks.

**Raspberries:** Supply is at its lowest levels for the fall/winter period. Baja and Central Mexico are expected to trend upward next week and will continue to see that uptrend until we hit peak spring volumes. Oxnard will downtrend for the remainder of the season and reach its bottom beginning of February.

**Blueberries:** Central Mexico will continue with strong volumes into the spring. The volume will pick up again for the spring crop in February. We could see staggering production depending on when growers prune in January. The last container of Peruvian products has been moved to week 3 of 2023. Chile is currently in its mid-season peak and most of the volume will be received on the West Coast.

#### **California Citrus**

**Oranges** Navels are showing very good quality, with size structure peak 88/113/72. Weather is creating harvesting challenges this week.

**Lemons:** Good supply and very good quality.

**Limes:** **ESCALATED** Some new areas are getting started although very light supply continues to cross from Mexico and are expected to remain light through the month of January. Market remains very unstable at much higher price levels.

**Grapefruit:** Good supply and very good quality out of Texas and California.

**Imports/Specialties:** The California mandarin season has started with good availability and outstanding quality. Bloods and Caras are available, and Minneolas have started in southern California.

#### **West Coast Lettuce**

**Iceberg:** **ESCALATED** Supply continues to improve, and quality is very good although we continue to see occasional frost damage. The markets are starting to stabilize, and the wide ranges are narrowing down.

**Romaine, Romaine Hearts:** Supply is good with better weights on all packs and quality on cartons is good except for light blister/peel from the cold weather these last few weeks. Hearts are clean, with light cupping and supply and weight will improve this week.

**Green Leaf & Red Leaf:** Production in the desert region is steady. Smaller heads and lighter weights continue to be the trend, but we are seeing improvement. Overall quality is looking good with slight signs of wind/fringe burn. Cooler than normal temperatures continue to impact harvest times and markets have softened and demand is steady.

**Butter:** **ESCALATED** Production in the desert region continues to improve and overall quality is good.

#### **Eastern and Western Vegetables**

**Green Bell Pepper:** Stable supply expected over the next week and overall quality has been good. Product available in South Florida, as well as crossing through Texas and Nogales. Markets were firmer this week.

**Red Bell Pepper:** **ESCALATED** Markets are holding strong as supply slowly improves this week and quality is good. We are still harvesting in the desert and should start seeing more fruit available in Nogales over the next week.

**Yellow Bell Pepper:** **ESCALATED** Markets are holding strong as supply remains limited this week and do expect to see pro-rates.

**Mini Sweet Pepper:** Supply is improving, and quality is good as we see more volume and improved quality crossing through Otay and Nogales.

**Mixed Chili Pepper:** **ESCALATED** In the east, supply improving out of South Florida (Cubanelle, Long Hots, Hungarian Wax, Jalapeno and Shishito). In McAllen, volume is lighter on all varieties and seeing quality issues on the tomatillos. Habanero, jalapeno and poblano are all holding at higher-than-normal pricing while the shortest availability is on Serrano and Anaheim due to ongoing supply issues from Coahuila and Chihuahua. Markets will remain firm, but we are starting to see some improvement in crossings out of Nogales. Good supply on tomatillos in all growing regions.

**Eggplant:** Lighter supply available and quality is good in South Florida and crossing through Nogales.

**Slicer Cucumbers:** **ESCALATED** Short supply out of Florida, mostly an impact of last week's freeze while Honduran imports are slow to start and are very inconsistent in quality. In the west, we see lighter crossings through Texas and Nogales are putting upward pressure on pricing. Import quality is outstanding.

**English Cucumbers:** Lighter supply and firmer markets hold this week as demand remains strong and excellent quality available.

**Pickles:** Steady volume available this week and quality will be mixed out of Mexico.

**Green Beans:** Markets firmed up a tad mostly due to the freeze in Florida slowing down production. Light supply expected for the next 7-10 days as growers assess damages but expected to improve. Good crossings continue from Mexico and quality is good.

**French Beans: ESCALATED (West Coast)** French supply is still light out of Mexico; quality is fair to good. Labor issues will continue to limit harvesting and packing out of Mexico. Production is back to normal out of Guatemala, and overall quality has improved.

**Zucchini/Yellow Squash:** Good quality, and stable markets expected out of Nogales while Florida is a bit more active due to lighter supply.

### Herbs

The colder temps for herbs have reduced the speed at which they grow during the heavy holiday demand. **MINT** supply has been cut in half due to the slowdown in growth and high demand for bunches. The mint will be short for at least the next 2-4 weeks. Supply remains tight on **ROSEMARY** and **SAGE**, with some quality issues due to the colder weather. Additionally, herbs out of Colombia are very tight due to above-average rainfall in November and December.

HERB	SUPPLY	QUALITY	COUNTRY OF ORIGIN
Arugula	Steady	Steady	USA
Basil	Steady	Steady	MEXICO
Opal Basil	Steady	Steady	USA/MEXICO
Thai Basil	Steady	Steady	MEXICO
Bay Leaves	Steady	Steady	COLOMBIA
Chervil	Limited	Marginal	USA
Chives	Steady	Steady	MEXICO
Cilantro	Steady	Steady	USA
Dill	Steady	Steady	USA
Epazote	Steady	Steady	MEXICO
Lemongrass	Steady	Steady	USA
Marjoram	Limited	Flowering	MEXICO
Mint	Steady	Steady	USA
Oregano	Limited	Flowering	MEXICO
Italian Parsley	Steady	Steady	USA
Rosemary	Steady	Steady	MEXICO
Sage	Steady	Steady	MEXICO
Savory	Steady	Steady	USA
Sorrel	Limited	Steady	USA
Tarragon	Limited	Steady	MEXICO
Thyme	Steady	Steady	USA
Lavender	Steady	Steady	USA
Lemon Thyme	Steady	Steady	USA
Lime Leaves	Steady	Steady	USA

### Melons

**Hami and Dino Melons now available in Pompano!**

**Cantaloupe: ESCALATED** Cooler temperatures impacted the growing regions of Guatemala last week affecting production which will impact arrivals into Florida starting later this week and next week. We are anticipating a decrease of approximately 30% from what was originally estimated for this time of year and post-holiday demand has started off very strong forcing prices higher. Sizing has shifted and peaking on 9's and quality has been very strong with solid external and internal quality showing.

**Honeydew: ESCALATED** Honeydew production continues to be very short as all growers started to transition from the Zacapa valley ten days ago to alternate growing areas. Production in these new growing regions just was not ready creating a gap in supply. The

colder temperatures we experienced last week will keep supplies on the shorter side for at least the next two weeks. Mexican crossings through Nogales are also significantly down creating increased pressure on the market on both coasts.

**Watermelon: ESCALATED** Overall quality is very nice, still seeing firm pricing and moderate demand. Nogales and McAllen are the primary shipping points. Mini watermelons seem to be easing back in price as store sets change and demand drops. We should see some offshore Watermelon early January. We will also see some offshore watermelon available early next week.

#### **Mixed Vegetables**

**Artichokes:** Expect lighter supplies to continue over the next several weeks.

**Arugula:** Supply continues to improve; quality is very good.

**Asparagus: ESCALATED** Mexican production continues to slow down due to cooler temperatures in Baja and San Luis. Peruvian production has started to slow down due to seasonality. Political turmoil in Peru has caused labor strikes and logistical delays. Markets have started to react due to seasonality and the Political turmoil in Peru.

**Broccoli/Broccoli: ESCALATED** Quality is good, supply is improving, and market is stabilizing, but pricing continues to be **ESCALATED**.

**Brussels Sprouts:** Good available supplies, market is steady.

**Carrots: (JUMBOS) ESCALATED** Rain this week in California is affecting available supplies as shippers are not able to get all product needed out of the fields. Once rain is over, production will return to normal and jumbo carrots will remain in short supply out of California.

**Cauliflower:** Supply are improving, and market is stabilizing, overall quality is good.

**Celery: EXTREME** Supply will remain in short supply through the month of January with possible prorates due to heavy rain in the growing areas of California. Low to moderate supplies are expected over the coming few weeks with a very strong and firm market.

**Cilantro: ESCALATED** Cilantro supply is improving but continues to be below normal going into next week. Overall quality is good, market remains very active.

**Corn: ESCALATED** Markets continue to firm up out of Nogales and South Florida and quality is very nice, however it's still too soon to truly assess any freeze impacts in Florida.

**Fennel: ESCALATED** Available supply remains light, especially on large size and the market remains active.

**Garlic: EXTREME** Quality is good with moderate supplies.

**Ginger: EXTREME** Chinese supply will be very sporadic due to delays in unloading containers and inspecting at the ports. Pricing will be climbing daily.

**Green Cabbage:** Supply is improving, and quality is very good.

**Green Onions: ESCALATED** Supply continues to slowly improve although market remains very active. Quality continues to improve.

**Kale (Green):** Supply is steady, quality is good.

**Mushrooms: ESCALATED** Quality is good despite supply being lighter than expected. We continue to see lack of labor, shortages in component of growing such as peat moss and other inflationary pressures. We expect to see this continue to be a challenge until some of the growing costs can get under control of this particularly labor intensive and cost sensitive item. We will continue to see upward pressure on prices as the Holiday pull is now in full swing and expected to remain that way through New Year's.

**Napa Cabbage:** Market continues to be very active; quality continues to improve.

**Parsley (Curly, Italian):** Supply continues to improve, quality is very good.

**Rapini:** We continue to see steady supplies, quality is good.

**Red Cabbage: ESCALATED** Supplies are improving but market remains very active, pricing is steady. Quality is good.

**Snow Peas and Sugar Snaps: ESCALATED** (West Coast) Production on snow peas and sugar snaps continues to improve from Guatemala. Better supply out of Mexico and California supply continues to improve.

**Spinach (Bunched & Baby):** Supply continues to improve; quality is very good.

**Spring Mix:** Supply is improving, quality is very good.

**Sweet Potatoes and Yams:** New crop is in full swing out of both North Carolina and Mississippi and quality is looking very nice. Supply is very good.

### **Onions:**

Onion demand continues to remain flat. The market does not appear to be moving anywhere fast any time soon during Q1. If there is going to be a spike in the market, we are going to need to see demand patterns change, which is certainly possible during Q1. We will likely start to see Mexican onions crossing in January, and then Yellows about a month after in mid to late February. Idaho/Oregon maintain that their current pace of shipping, they will be done by the middle of March. This is like last season's crop end date. The underlying factors remain in place for a very strong finish – but it will all depend on demand levels. The low yields, and short storage supplies on hand (supported by the NOA report) are good indicators of this. Washington remains in better shape than Idaho from a supply standpoint. Size profiles have been on the smaller end in both regions, with most product sizing in the medium and jumbo range. We have seen some improved availability on colossal and super colossal sized onions in recent weeks, but this may get tougher in Q1 as the later storage varieties generally do not size as big. Growers are expressing further concern regarding continually rising overhead costs as it relates to next season's crop (fuel, seed, packaging, etc.). Their suppliers are all asking for hefty increases for next season above the already inflated overhead in this year's crop. It is not impossible that we see further consolidation among growers and shippers, or just less onion acreage being grown altogether out of the Northwest.

### **Potatoes: ESCALATED**

Potato demand on cartons has significantly flattened during this past quarter. Q1 generally brings an increase to the market as begin to near the tail end of Norkotah supplies in March. Growers continue to receive record offers from processors (even higher than last season), and reports of further record breaking offers for the Spring continue to roll in. Because of this, the fresh market has a 'safety net' of where pricing will likely not fall beneath. We anticipate we will continue to see this trend to get growers to release product on the fresh side. Other growing regions are echoing the same sentiments as well. We will see Nebraska finish up, and less supply out of Colorado and Wisconsin toward the end of Q1. These should give the overall market a boost as well. National supply reports are showing that there are less potatoes this year than last year – and this is not considering the 6M lbs. plus that have already been sold to processors.

## **TOMATOES**

### **East Coast**

- **Round Tomatoes:** Supply continues to improve, and we did see an uptick in pricing this week due to increased post-holiday demand. We expect to see this trend continue over the next several weeks as growers break new fields and see more consistent quality and volume.
- **Roma Tomatoes:** Availability continues to improve, and we are seeing downward pressure on the fob pricing which will continue over the next couple of weeks.
- **Grape and Cherry Tomatoes:** We are seeing improved production out of areas least impacted by Ian and markets are retreating. We expect to see markets continue to improve through the remainder of the year.

### **Mexico**

- **Round Tomatoes: ESCALATED** Lighter numbers this week, mostly due to cooler temps have push pricing higher this week crossing through Nogales and Texas. Quality is outstanding on the new crop.
- **Roma Tomatoes: ESCALATED** Lighter numbers this week, mostly due to cooler temps have push pricing higher this week crossing through Nogales and Texas. Quality is outstanding on the new crop.
- **Grape Tomatoes and Cherry Tomatoes:** Strong numbers and excellent quality continue out of Mexico.
- **Medley Grape Tomatoes:** Strong numbers and excellent quality continue out of Mexico.
- **Tomato on the Vine:** Excellent quality and supply available.

## **APPLES, PEARS, STONE FRUIT**

**Apples:** Washington State Apple Crop looks to be around 100M boxes vs. 122M the last two years and 132M 3 years ago. With the number of Trees in the ground – this number is shocking. The last crop we saw 100M boxes was in 2007. Mid-April 2022 – Eastern Washington experienced 20-degree temperatures with apple trees in bloom which caused a significant loss in the crop. Additionally, cooler temperatures in the Spring with **EXTREME** Summer Temps also played a negative role in the supply of apples combined with two devastating hailstorms causing some blocks of Orchards not to be harvested. Furthermore, Fujis and granny smiths are known for alternate-bearing crops. Last year were heavy crops, so this year both are down significantly.

**Pears:** This year's pear crop will likely be down significantly due to severe high temps last July and **EXTREME** low temps in mid-April 2022. Cooler temperatures in the Spring with **EXTREME** Summer Temps also played a negative role in the supply of pears combined with two devastating hailstorms causing some blocks of Orchards not to be harvested.