



















YUMA, AZ

Wed 12/21	Thu 12/22	Fri 12/23	Sat 12/24	Sun 12/25	Mon 12/26	Tue 12/27	Wed 12/28	Thu 12/29
72° 44°F	73° 46°F	73° 50°F	75° 51°F	77° 52°F	78° 51°F	76° 55°F	75° 53°F	74° 54°F
								
Sunny	Mostly Sunny	Sunny	Sunny	Sunny	Mostly Sunny	Partly Cloudy	Partly Cloudy	Partly Cloudy

IMMOKALEE, FL

Wed 12/21	Thu 12/22	Fri 12/23	Sat 12/24	Sun 12/25	Mon 12/26	Tue 12/27	Wed 12/28	Thu 12/29
76° 62°F	80° 66°F	78° 38°F	55° 38°F	55° 41°F	63° 46°F	71° 50°F	73° 52°F	79° 61°F
								
Partly Cloudy	PM Thunderstorms	Partly Cloudy	Partly Cloudy	Mostly Cloudy	Partly Cloudy	Partly Cloudy	Sunny	Mostly Sunny

Good Buy

Each week, our team spotlights commodities based on how favorable prices, quality, and supply are in the market. Stay ahead of the trends and look to these good buys for their stellar performance in the fields! Please see each individual product for more information below and reach out to your PA representative for more information on adding this to your order guide.

Commodity	Expert Tip
Avocados	On average, people eat half an avocado at a time. That gives an adult 15% of their daily vitamin K needs. This nutrient may help improve bone density and prevent fractures. Toss avocado pieces into a spinach salad with salmon, tuna, or egg for even more vitamin K along with vitamin D, another nutrient that's essential for bone health.

Fruits & Vegetables

Avocados: Last week closed out at 53.3M lbs for the US, a 3% decrease from the previous week. The size curve favors larger sizes, and a higher percentage of 40cts and larger are being harvested. Stability is expected to continue as we ring-in-the-New-Year. The most notable adjustment is the shift in the size curve. A higher percentage of extra-large fruit is coming off the trees and is expected to last a few weeks. The ramp-up for Super Bowl will begin in early January, and the industry is expected to see inventories in the 70M lbs. range.

Bananas: Volume is lighter due to weather impacts, higher global demand, and lighter production. No quality issues currently.

Pineapples: Excellent quality peaking on 7 and 8 cts.

Table Grapes: WATCHLIST Growers in the Central Valley are pulling from storage and starting to see a wide range of quality as daily harvesting will end this week. We are seeing an uptick on demand for larger fruit while medium sized fruit is steady. Autumn Kings, Autumn Royals and globes are showing good quality and color. We could see be less offshore volume through mid-January due to Political unrest in Peru which is causing port delays. This will have a short-term impact on markets in Peru which will cause a 3-week delay. Overall import volume will remain down, but quality should be normal. Demand expected to increase as volume decrease and we may see a slight hike in pricing through Mid-January.

Berries

Strawberries: The California growing regions will remain flat for the next few until the winter plants come in January. Due to the colder temperatures, Mexico saw a slight decrease in the supply and will likely see supplies lighter over the next few weeks due to these temperatures. Florida supplies continue to uptrend, and sizing is increasing. Overall quality is good.

Blackberries: Supplies will remain steady for the next 3-4 weeks and should begin to increase for the mid-season peak. Overall quality is good with good size and condition.

Raspberries: Supplies are gradually down trending until the end of the year. Volumes will start to uptrend by early January. Volumes should gradually increase towards spring peak in late April or early May. Baja volumes should begin to increase in 7-10 days.

Blueberries: Mexico continues to ramp up and Peruvian volumes expected to remain steady through the end of the year. Baja is past its fall peak, and volumes will be minimal through the end of the year but should increase in early January. Imports from Chile have begun.

California Citrus

Oranges: All shippers have transitioned to Navels. Quality is mostly fancy grade. We'll start to see a size structure shift after the Holidays.

Limes: Market is higher and will continue to strengthen, at least through the Superbowl with very good demand. Weather is cool in Mexico, which is further affecting supplies, quality is fair.

Grapefruit: Good supply and very good quality out of Texas and California.

Imports/Specialties: The California mandarin season has started with good availability and outstanding quality. Bloods and Caras are available as well.

West Coast Lettuce

Iceberg: ESCALATED: Lettuce supplies are slightly better than the past few weeks. The frame size and weights have improved, and yields are slightly higher. The past few weeks we have had deep freezes with lots of ice so there is frost damage showing and growers are doing all they can to clean it up. Market is slightly weaker but will continue to have a wide range depending on holiday demand.

Romaine, Romaine Hearts: WATCHLIST Supply is good with better weights on all packs. Quality on cartons is good except for light blister and peel from the cold weather these last few weeks. Hearts are clean, with very light cupping. Supplies and weight will continue to improve.

Green Leaf & Red Leaf: WATCH LIST Production in the desert region is steady. Smaller heads and lighter weights continue to be the trend, but we are seeing improvement. Overall quality is looking good with slight signs of wind/fringe burn. Cooler than normal temperatures continue to impact harvest times. Markets have softened and demand is steady.

Butter: WATCH LIST Production in the desert region continues to improve and overall quality is good. Market is steady

Eastern and Western Vegetables

Pepper: Stable supply expected over the next week and overall quality has been good. Product available in South Florida, Coachella as well as crossing through Texas and Nogales.

Red Bell Pepper: ESCALATED Markets are holding strong as supply slowly improves this week and quality is good. We are still harvesting in the desert and should start seeing more fruit available in Nogales over the next week.

Yellow Bell Pepper: ESCALATED Markets are holding strong as supply remains limited this week and do expect to see pro-rates.

Mini Sweet Pepper: Supply is improving, and quality is good as we see more volume and improved quality crossing through Otag and Nogales.

Mixed Chili Pepper: ESCALATED In the east, supply improving out of South Florida (Cubanelle, Long Hots, Hungarian Wax, Jalapeno and Shishito. In McAllen, volume is lighter on all varieties and seeing quality issues on the tomatillos. Habanero, jalapeno and poblano are all holding at higher-than-normal pricing while the shortest availability is on Serrano and Anaheim due to ongoing supply issues from Coahuila and Chihuahua. Markets will remain firm, but we are starting to see some improvement in crossings out of Nogales. Good supply on tomatillos in all growing regions.

Eggplant: Good supply available and quality is good in South Florida and crossing through Nogales.

Slicer Cucumbers: Stable supply this week expected. We expect stable supply through December in South Florida as well as crossing through Texas and Nogales.

English Cucumbers: Good supply and excellent quality available.

Pickles: Steady volume available this week and quality will be mixed out of Mexico and Florida.

Green Beans: Stable supply available out of Florida and Mexico. Good quality and continues improve.

French Beans: ESCALATED French bean demand exceeds supplies out of Mexico, and the quality is fair to good. Labor issues will continue to limit harvesting and packing out of Mexico. We have started to see improvement in quality and production out of Guatemala.

Zucchini/Yellow Squash: Stable markets expected through Christmas on Zucchini and Yellow squash remain stable out of Nogales and Florida. Quality is improving.

Herbs

The colder temps for herbs have reduced the speed at which they are growing during the heavy demand from the Holidays. **MINT** supply has been cut in half due to the slowdown in growth and high demand for bunches. The mint will be short for at least the next 4-6 weeks. Supply remains tight on **ROSEMARY** and **SAGE**, with some quality issues due to the colder weather.

HERB	SUPPLY	QUALITY	COUNTRY OF ORIGIN
Arugula	Steady	Steady	USA
Basil	Steady	Steady	MEXICO
Opal Basil	Steady	Steady	USA/MEXICO
Thai Basil	Steady	Steady	MEXICO
Bay Leaves	Steady	Steady	COLOMBIA
Chervil	Limited	Marginal	USA
Chives	Steady	Steady	MEXICO
Cilantro	Steady	Steady	USA
Dill	Steady	Steady	USA
Epazote	Steady	Steady	MEXICO
Lemongrass	Steady	Steady	USA
Marjoram	Limited	Flowering	MEXICO
Mint	Steady	Steady	USA
Oregano	Limited	Flowering	MEXICO
Italian Parsley	Steady	Steady	USA
Rosemary	Steady	Steady	MEXICO
Sage	Steady	Steady	MEXICO
Savory	Steady	Steady	USA
Sorrel	Limited	Steady	USA
Tarragon	Limited	Steady	MEXICO
Thyme	Steady	Steady	USA
Lavender	Steady	Steady	USA
Lemon Thyme	Steady	Steady	USA
Lime Leaves	Steady	Steady	USA

Melons

Cantaloupe: ESCALATED Cantaloupe arrivals in Florida have increased and demand is softer post-Christmas pull at retail. Sizing on the cantaloupe is a solid mix of 9-12cts count and even some 15s. Jumbo fruit will be very limited over the next 10-14 days. Quality has been solid with good external characteristics while brix levels have primarily been holding a respectable 11-13%.

Honeydew: ESCALATED Supply remains fairly limited especially on smaller sizes (6/8s) from offshore production. Our current pattern has been primarily 5s and larger. Quality on the honeydews has been very good. Dews have been mostly clean with occasional scarring and have good internal quality.

Watermelon: ESCALATED Overall quality is very nice, still seeing firm pricing and moderate demand. Nogales and McAllen are the primary shipping points. Mini watermelons seem to be easing back in price as store sets change and demand drops. We should see some offshore Watermelon early January.

Mixed Vegetables

Artichokes: Expect lighter supplies to continue over the next several weeks.

Arugula: ESCALATED Lighter available supplies, market continue stronger. Expect unstable supply to continue through mid-December due to the cooler weather in the desert

Asparagus: ESCALATED Mexican production has slowed down due to cooler temperatures in Baja and San Luis. Peruvian production continues to be steady. This trend should continue for the next two weeks. Political turmoil in Peru has caused labor strikes and logistical delays. Markets should start reacting at the end of this week.

Broccoli/Broccoli: **ESCALATED** Lighter supplies will continue going into next week, overall quality is good. Expect pricing to continue very active.

Brussels Sprouts: Good available supplies, market is steady.

Carrots: (JUMBOS) **ESCALATED** Baby peeled, and food service items are in great supply. Current field sizing is small, so supply is **EXTREMELY** limited on Cellos/Jumbos in California. Regionally Colorado, Michigan and MN are in good supply with Cellos and Jumbos.

Cauliflower: **EXTREME** Cauliflower supply is still limited as cooler weather has continued to slow growth. Overall quality is good, market remains very active.

Celery: **ESCALATED** - Supplies are lower than expected from adverse growing conditions due to weather, and diseases that have affected yield. Low to moderate supplies are expected over the coming few weeks with a very strong and firm market.

Cilantro: **ESCALATED** Cilantro supply is improving but continues to be below normal going into next week. Overall quality is good, market remains very active.

Corn: **ESCALATED** Markets continue to firm up out of Nogales and South Florida and quality is very nice.

Fennel: **ESCALATED** Available supply remains light, especially on large size and the market remains active.

Garlic: **EXTREME** New crop California has started although domestic supply is very tight, and shippers are holding to averages. We expect this volatile market to continue through the summer.

Ginger: **EXTREME** Chinese supply will be very sporadic due to delays in unloading containers and inspecting at the ports. Pricing will be climbing daily.

Green Cabbage: **ESCALATED** Supply is improving but market remains very active, pricing is steady. Quality is good.

Green Onions: **ESCALATED** Supply continues to slowly improve although market remains very active. Quality continues to improve.

Kale (Green): Supply is steady, quality is good.

Mushrooms: **ESCALATED** Quality is good despite supply being lighter than expected. We continue to see lack of labor, shortages in component of growing such as peat moss and other inflationary pressures. We expect to see this continue to be a challenge until some of the growing costs can get under control of this particularly labor intensive and cost sensitive item. We will continue to see upward pressure on prices as the Holiday pull is now in full swing and expected to remain that way through New Year's.

Napa Cabbage: Market continues to be very active; quality continues to improve.

Parsley (Curly, Italian): **ESCALATED** Supplies are improving but market remains very active, pricing is steady. Quality is good.

Rapini: We continue to see steady supplies, quality is good.

Red Cabbage: **ESCALATED** Supplies are improving but market remains very active, pricing is steady. Quality is good.

Snow Peas and Sugar Snaps: **ESCALATED** (West Coast) Better supply out of Mexico and Peru, but remains light out of California.

Spinach (Bunched & Baby): **ESCALATED** Lighter supplies continue but warmer weather in the forecast for next week should help increase supplies. market is steady.

Spring Mix: **ESCALATED** Lighter supplies continue but warmer weather in the forecast for next week should help increase supplies. market is steady.

Sweet Potatoes and Yams: New crop is in full swing out of both North Carolina and Mississippi and quality is looking very nice. The holiday pull has been strong before Thanksgiving with a lot of #1 and consumer bags being shipped over the last few weeks. This has led to some deals to be had on jumbos out of both shipping areas. We should expect to see demand continue to be steady throughout the holidays and into the new year.

Onions:

Onion demand has flattened this week, in large part due to it being Thanksgiving week. Buyers have finished their purchasing in advance of the holiday logistics challenges, and interruption in shipping schedule. The market does not appear to be moving anywhere fast any time soon. The long-term optimism on the current crop is beginning to wane a bit – at least for the rest of 2022. If there is

going to be a spike in the market, we are looking at 2023 and beyond. Idaho/Oregon maintains that their current pace of shipping, they will be done by the middle of March. This is similar to last season's crop end date. The underlying factors remain in place for a very strong finish – but it will all depend on demand levels. The low yields, and short storage supplies on hand (supported by the NOA report) are good indicators of this. Washington remains in better shape than Idaho from a supply standpoint. Size profiles have been on the smaller end in both regions, with the majority of product sizing in the medium and jumbo range. We have seen some improved availability on colossal and super colossal sized onions in recent weeks, however, this is not believed to be a sustained supply the whole way through. Growers are expressing further concern regarding continually rising overhead costs (fuel, seed, packaging, etc). Their suppliers are all asking for hefty increases for next season above the already inflated overhead in this year's crop. It is not impossible that we see further consolidation among growers and shippers, or just less onion acreage being grown altogether out of the Northwest. Trucks have tightened up some, and rates have increased some. It seems to be as much about weather related challenges, as opposed to heightened levels of Q4 holiday demand.

Potatoes: ESCALATED

Potato demand has flattened this week, in large part due to it being Thanksgiving week. Buyers have finished their purchasing in advance of the holiday logistics challenges, and interruption in shipping schedule. The potato market continues to remain tight, but pricing does appear to have leveled off for the time being. Pricing continues to hold at record levels on just about all sizes/grades for this time of year. Growers continue to receive record offers from processors (even higher than last season), and reports of further record breaking offers for the Spring continue to roll in. Because of this, the fresh market has a 'safety net' of where pricing will likely not fall beneath. We anticipate we will continue to see this trend to get growers to release product on the fresh side. Other growing regions are echoing the same sentiments as well. National supply reports are showing that there are less potatoes this year than this last year – and this is not considering the six million pounds plus that have already been sold to processors. The market is as much about what processors are willing to pay, as it is about demand on the fresh side. In a way, the fresh demand is almost a non-factor this season. Trucks have tightened up some, and rates have increased some. It seems to be as much about weather related challenges, as opposed to heightened levels of Q4 holiday demand.

TOMATOES

East Coast

- **Round Tomatoes:** Supply continues to improve, and markets are slowly declining. We expect to see this trend continue through the rest of December as growers break new fields and see more consistent quality and volume.
- **Roma Tomatoes:** Availability continues to improve, and we are seeing downward pressure on the fob pricing which will continue over the next couple of weeks. Quality expected to be good through December.
- **Grape and Cherry Tomatoes:** ESCALATED We are seeing improved production out of areas least impacted by Ian and markets are retreating. We expect to see markets continue to improve through the remainder of the year.

Mexico

- **Round Tomatoes:** Improving volume and additional roma volume coming available continues to put downward pressure on the round market. Quality is very nice on the new crop loads crossing through Texas and Nogales.
- **Roma Tomatoes:** Stable volume crossing through Nogales and Texas. Quality is outstanding on the new crop.
- **Grape Tomatoes and Cherry Tomatoes:** ESCALATED We are starting to turn the corner and see more volume crossing at all border locations as growers scratch new blocks of snacking tomatoes. Pricing is still high but there is certainly downward pressure on the markets. Quality is improving daily.
- **Medley Grape Tomatoes:** Strong numbers and excellent quality continue out of Mexico and Canada.
- **Tomato on the Vine:** Excellent quality and supply available.

APPLES, PEARS, STONE FRUIT

Apples: The 2022/23 Apple Crop out Washington was damaged by Severe High Temps last July and **EXTREMELY** low temps in mid-April 2022. Washington apple crop is projected to be around 108.7 million 40-pound boxes, roughly an 11% decrease from the 122.3 million boxes from last year's crop. Growers are still evaluating the impact of the prolonged cold weather that hit the Pacific Northwest. Markets are expected to settle slightly coming into Q4 as growers continue harvesting.

Pears: This year's pear crop will likely be down significantly due to Severe High Temps last July and **EXTREMELY** low temps in mid-April 2022. Growers are harvesting and will have numbers by December. Markets will likely remain higher this year.